

Whether it's getting to sleep, staying asleep or simply having a night of deep sleep, Experience the Sleep You Need!



Melatonin is a hormone naturally produced by the Pineal gland inside the brain. It helps signal the body that it's time for sleep and helps regulate sleep cycles called circadian rhythms. Melatonin secretion can become low or interrupted due to stress, insomnia or jet lag.

Although fairly new, CBD has already earned its place in functional medicine because it has proven itself as a natural remedy that may help with insomnia, anxiety, pain relief, inflammation, and overall wellness support.

Melatonin with CBD can provide a synergistic effect that will help you relax, unwind and provide an incredible sleep experience.



Talk to your healthcare provider today to discuss the potential benefits you may experience using Medline RX Serenity CBD Gummies.

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